

# WEEKLY BULLETIN

## ★ GOOD NEWS ★

### Year 8 Team Building

Our Year 8 students enjoyed an afternoon of team-building activities on Monday. Their session gave them the opportunity to work with their peers outside the classroom environment and promoted positive social interaction and team building.

### Visit from The Prime Agency

We were pleased to welcome Lex Gibbon from The Prime Agency who gave a fantastic performance for our students from Year 9 to Post 16. The workshop focussed on mental health, body image and cyber bullying. Lex shared her passion for empowering young women and inspiring others to believe they can achieve anything.

## NOTICES

Please be reminded to sign up for the following workshops if you have not already done so.

Both workshops are in the Performance Space between 7-8pm, and are for parents/carers only.

Please sign up via SchoolComms.

**Tuesday 7th February** - Resilience Workshop

**Tuesday 7th March** - Anxiety Workshop

## WHAT'S ON NEXT WEEK?

### Monday 6th February

Young Voices

- Group of students to attend Young Voices at Wembley Arena.
- If your child is attending this event, please see information sent out by email.
- Follow our Instagram account for updates on our trip!

### Tuesday 7th February

Parent/Carer Workshop: Resilience

- 7pm - 8pm in the Performance Space.
- We will be sharing strategies to build resilience and to help you support your daughter through her teenage years.
- Please book your space via SchoolComms if you have not done so already.

### Thursday 9th February

Children's Mental Health Week Event

Non-Uniform Day - 'Dress to Express'

- Come to school in non-uniform. Theme is 'Dress to Express', so feel free to wear bright colours/patterns to express yourself!
- KS3 students to attend in-school event hosted by older students.

### Don't forget!

Mr Waterman is hosting a Teams Call at 6pm this evening, where he will be setting fire to a variety of materials!